

Aesthetics | One Year Program

Scope & Sequence

Semester One AE101 - Aesthetics I

Unit 1 (5 Days) Orientation

- West-MEC Handbook
- Aesthetician Policies
- History and Career Opportunities in Aesthetics
- Life Skills
- Professional Image
- Communicating for Success
- Student Kits

CTSO Integration (Leadership Skills): Introduction to Skills USA, Competitive Opportunities, Officer Elections

Professional Skills: 4.A-4.F, 7.A-7.C, 9.C

Academic Standards: ELA.11-12.L.4

Work-based Learning: Career Exploration Activities

Technical Standard: 1.1-.7, 8.1

****District Pre-Assessment**

CLASSROOM HOURS: 17.5

LAB HOURS: 0

Unit 2 (5 Days) Infection Control, & Safety

- First Aid
- Infection Control Principles & Practices
- Arizona State Board of Cosmetology Rules & Regulations

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Officer training, Fundraising

Professional Skills: 8.A-8.I

Academic Standards: ELA.11-12.L.4, 5.A-5.E

Work-based Learning: Student-Based Enterprise Student Models

Technical Standard: 2.1-.12, 9.5

CLASSROOM HOURS: 15.5

LAB HOURS: 0

Unit 3 (20 Days) Aesthetics

- The Treatment Room
- Facial Treatments
- Facial Massage
- Facial Machines
- Basic Electricity

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons

Professional Skills: 3.A-3.E, 4.A-4.F, 8.D

Academic Standards: ELA.11-12.RI.7, ELA.11-12.W.4,

ELA.11-12.RI.10, ELA.11-12.W.4, ELA.11-12.W.2, 5.NF.B.6, 7.RP.A.3

Work-based Learning: Student-Based Enterprise Student Models

Technical Standard: 3.1-.7, 4.1-.11, 7.1-.7, 8.1-.6, 10.1-.2

CLASSROOM HOURS: 20

LAB HOURS: 42

Unit 4 (30 Days) Skin Sciences

- Anatomy and Skin Physiology
- History of the Skin
- Basic Nutrition
- Skin Disease & Disorders
- Skin Analysis
- Skin Care Products: Chemistry, Ingredients, & Selection

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Community Service, Fundraising

Professional Skills: 1.A-1.D, 3.A-3.E

Academic Standards: ELA.11-12.W.7, ELA.11-12.W.8,

ELA.11-12.W.9, ELA.11-12.W.2

Work-based Learning: Student-Based Enterprise Student Models

Technical Standard: 3.1-.7

CLASSROOM HOURS: 33

LAB HOURS: 60

Unit 5 (25 days) Advanced Topics & Treatments

- Chemical Exfoliation
- Microdermabrasion
- Dermaplaning

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Community Service

Professional Skills: 3.A-3.E, 4.A-4.F, 8.A-8.D

Academic Standards: ELA.11-12.L.4, 5.NF.B.6

Work-based Learning: Guest Speaker, Informational Interview, Student-Based Enterprise Student Models

Technical Standard: 4.1-.11, 10.1-.2

CLASSROOM HOURS: 22

LAB HOURS: 52.5

Unit 6 (10 Days) Hair Removal I

- Methods of Hair Removal
- Eyebrow Waxing/Shaping

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising, Community Service

Professional Skills: 3.A-3.E, 4.A-4.F

Academic Standards: ELA.11-12.SL.3, ELA.11-12.SL.6, A-CED.A.1

Work-Based Learning: Guest Speaker, Field Trip/Workplace Visit, Student-Based Enterprise Student Models

Technical Standard: 5.1-.8, 10.1-.2

CLASSROOM HOURS: 14

LAB HOURS: 16.5

Aesthetics | One Year Program

Scope & Sequence

CLASSROOM HOURS: 20

LAB HOURS: 26.5

Semester Two AE102 - Aesthetics II

Unit 6 (20 Days) Hair Removal II

- Leg & Bikini Waxing
- Arm & Underarm Waxing
- Facial Waxing

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising, Community Service

Professional Skills: 3.A-3.E, 4.A-4.F

Academic Standards: ELA.11-12.SL.3, ELA.11-12.SL.6, A-CED.A.1

Work-Based Learning: Guest Speaker, Field Trip/Workplace Visit, Student-Based Enterprise Student Models

Technical Standard: 5.1-.8, 10.1-.2

CLASSROOM HOURS: 20

LAB HOURS: 42

Unit 7 (15 Days) Business Skills

- Career Planning
- The Skin Care Business
- Selling Products and Services

CTSO Integration (Leadership Skills): Skills USA Chapter Meetings, Leadership Lessons, Competition Prep, Fundraising

Professional Skills: 1.A-1.D, 2.A-2.C, 3.A-3.E, 4.A-4.F, 5.A-5.E, 7.A-7.C, 8.A-8.I, 9.A-9.C

Academic Standards: ELA.11-12.W.4, ELA.11-12.W.5, ELA.11-12.SL.4, ELA.11-12.SL.6, ELA.11-12.W.8, ELA.11-12.W.9, ELA.11-12.SL.3, ELA.11-12.SL.6, 6.RP.A.3, 7.RP.A.3

Work-Based Learning: Career Exploration, Resume Review, Mock Interviews, Student-Based Enterprise Student Models

Technical Standard: 8.1-.7, 9.1-.10

CLASSROOM HOURS: 20

LAB HOURS: 26.5

Unit 8 (15 Days) The World of Makeup

- Color Theory
- Daytime Makeup
- Special Occasion Makeup
- Artificial Lashes and Eyelash Extensions
- Lash & Brow Tinting

CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, Regional Conference

Professional Skills: 3.A-3.E, 4.A-4.F, 6.A-6.C

Academic Standards: ELA.11-12.W.9, A-CED.A.1

Work-Based Learning: Guest Speaker, Student-Based Enterprise Student Models

Technical Standard: 6.1-.6

****Certification: Eyelash Extension Certification**

Unit 9 (20 days) State Board

- State Board
 - Preparation and Practice
 - Written Theory and Written Practical Prep
- CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, National Conference
- Professional Skills: 1.D, 3.A-3.E, 4.A, 4.B, 4.F, 8.D-8.F
- Academic Standards: ELA.11-12.RI.10, 6.RP.A.3, 7.RP.A.3, 7.G.B.4, A-CED.A.1
- Work-Based Learning: Student-Based Enterprise Clinic
- Technical Standard:

**Certification: Arizona Board of Cosmetology
Aesthetician License Exam**

Unit 10 (20 Days) Spa Treatments

- Stone Therapy
- Body Scrubs
- Back Facials
- Body Wraps

CTSO Integration (Leadership Skills): SkillsUSA Chapter Meetings, State Conference

Professional Skills: 3.A-3.E, 4.A-4.F, 6.A-6.C

Academic Standards: ELA.11-12.SL.3

Work-Based Learning: Student-Based Enterprise Clinic

Technical Standard: 3.1-.7, 4.1-.11

CLASSROOM HOURS: 12

LAB HOURS: 50

****District Post-Assessment**

OSHA

* Occupational Safety and Health Administration (OSHA)-
Will be trained during the program, scheduled date and time subject to change.